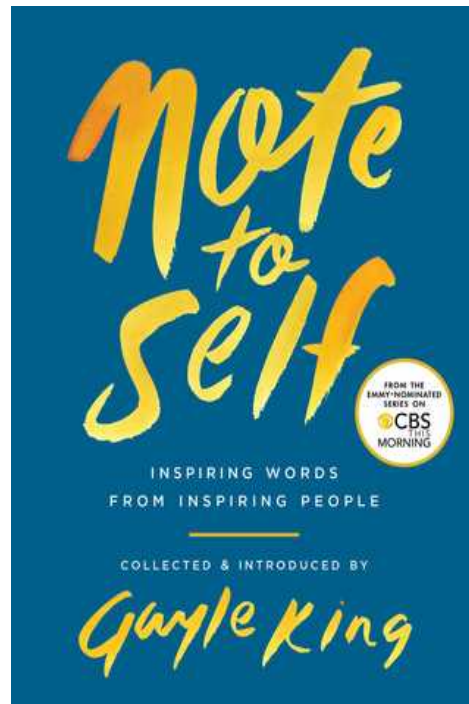


Buch lesen Note to Self: Inspiring Figures Write to the Young People they Once Were

By Gayle King



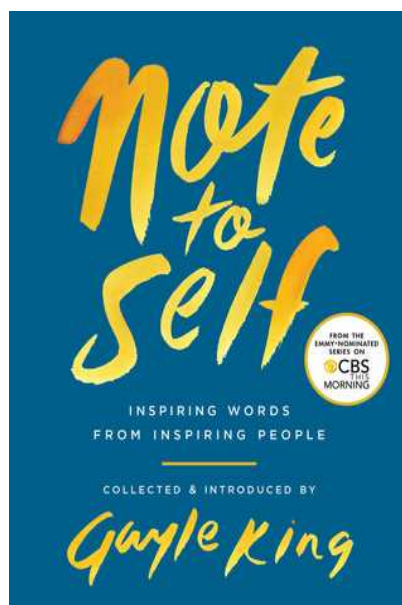
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Gayle King shares her favorite inspiring letters from the popular CBS This Morning segment Note to Self, in which twenty-first century luminaries pen advice and encouragement to the young people they once were. What do Congressman John Lewis, Dr. Ruth, Kesha, and Kermit the Frog wish they could tell their younger selves? What about a gay NFL player or the most successful female racecar driver? In Note to Self, CBS This Morning cohost Gayle King shares some of the most memorable letters from the broadcast's popular segment of the same name. With essays from such varied figures as Oprah, Vice President Joe Biden, Chelsea Handler, and Maya Angelou—as well as poignant words from a Newtown father and a military widow—Note to Self is a lovely reflection on the joys and challenges of growing up and a perfect gift for any occasion.

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